



Afterschool & Foundations Winter/Spring 2023 Brochure



Garden School

Cultivating Success in Every Child

After-School Programs AT-A-GLANCE

Monday

3:00-4:00 Acro/Hip Hop combo (Core PK/K)
3:00-4:00 Ms. Cheyenne's Chefs (3K, PKFA)
3:00-4:00 My First Piggy Bank (K-2)
4:00-5:00 Acro/Hip Hop combo (4th-6th)

Tuesday

3:00-4:00 Ballet (Core PK, K, PKFA)
3:00-4:00 Ms. Cheyenne's Chefs (PK, K)
3:00-4:00 Fashion Design (1st-3rd)
4:00-5:00 Contemporary (1st-3rd)
4:00-5:00 Fashion Design (4th-6th)

Wednesday

3:00-4:00 Book to Art (PKFA, Core PK, K)
3:00-4:00 Bangla (3K, PKFA, Core Pk, K)
3:00-4:00 Budding Entrepreneurs (4th-6th)
3:00-4:00 Acro/Hip Hop (1st-3rd)
4:00-5:00 Tap (3rd-6th)

Thursday

3:00-4:00 Chess (1st-3rd)
3:00-4:00 JumpBunch (PKFA, Core PK, K)
3:00-4:00 Pokemon Trading Class (4th-6th)
4:00-5:00 Contemporary (4th-6th)
4:00-5:00 Engineering (1st-3rd)

Friday

3:00-4:00 Mandarin (Core PK4, K and PKFA)
3:00-4:00 Magic (1st-3rd)
3:00-4:00 Tap (K-2nd)
4:00-5:00 Magic (4th-6th)

* Will announce the day and time for Yoga shortly.

After-School Program (Nursery to 6th Grade)

Our after-school program for the lower division (N-6) runs weekdays from 3:00-6:00 p.m. and includes snack time, homework help, indoor/outdoor play, organized games, crafts, clubs and special events. The program structure is flexible, so you can arrange an after-school plan that meets your family's needs.



7th and 8th Grade

Garden School has a program for 7th and 8th graders. The After-School Program operates every school day from 3:00-6:00 p.m. to offer homework support and structured activities, including cards, board games, support for sports teams, and free play in the gym or field.

Students who choose to remain at school after 3:00 p.m. and who are not in extra help with a teacher, in a club, on a team, or attending a Foundations course are automatically enrolled in the After-School Program and billed at the daily rate.

After-School Program Rates

Per Hour/Day Rates:

- Until 4:00 p.m.: \$20
- Until 5:00 p.m.: \$25
- Until 6:00 p.m.: \$35

Programs end at 6:00 p.m. In the event of an emergency, please call the school. Pick-ups after 6:00 p.m. will result in an additional charge of \$20/half hour.

Full-Year Discount Rates:

- Until 4:00 p.m. for the year: \$2,700
- Until 5:00 p.m. for the year: \$3,250
- Until 6:00 p.m. for the year: \$3,780

Timely payments are required to qualify for the full-year discount rates. These rates are per family—they are the same regardless of the number of children a family has enrolled in the program. Students enrolled full time for the After-School Program receive a discount on Foundations classes, paying \$350 for the first course and \$325 for each additional course

All Foundations classes are subject to change due to a teacher's absence. If your child's class is cancelled, he or she may attend After-School until pick-up. There will be no charge for the time your child would have been in the lesson.

- In the interest of safety and security, all students in grade 8 and lower must attend After-School if they are not in a club, class, lesson, sports team, or extra help or tutoring session. All children on campus must be supervised.
- If your child is being picked up by someone other than a known parent/guardian, please bring a note to school or contact Ms. Hayes, the After-School Coordinator. This includes family members and parents of your child's friends.
- All parents/guardians must sign the student out in the After-School book. Students are not permitted to wait outside.
- All Foundations classes are subject to cancellation if they do not receive minimum enrollment.
- Any student who is deemed by the teacher or the After-School Coordinator to be a disturbance in a Foundations class will be asked to leave the class and refunds will not be given.

About Foundations

Garden School’s specialty classes are geared toward the varied interests of our students and the high standards of our parent/guardian community. Foundation classes broaden students’ awareness and bring forth their skills and talents in a nurturing environment.

Unless otherwise noted in the description, classes last for 1 hour, run for **12 weeks**, and start the week of **January 23, 2023**.

For more information, contact Ms. Kim Hayes.

Foundations classes are **\$450 for the first course and \$420 for each additional course**, or if enrolled full-time in the After-School Program, **\$420 for the first course and \$390 for each additional course**.



Foundations Spring Offerings

Class Descriptions

Acrobatics

Build strength and flexibility through exercises, learn basic tumbling and gymnastics, and put all that together with dance to create an acrobatics routine you'll want to break into every chance you get.



Hip Hop

Ms. Kim, brings us “soul” with Hip Hop. For children who have had some dance experience, Hip Hop will explore some cool moves. The class will focus on isolation of movements while moving different body parts concurrently, but in different ways. Great exercise, fun, fun, fun and a fantastic way to use all of that extra energy!



Contemporary

Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dancers strive to connect the mind and the body through fluid dance movements.



Tap

Children will learn the basic tap steps (shuffles, flaps, slides and more) without music – allowing their feet and bodies to literally become percussion instruments. Eventually learning to have their feet accompany music, they will create music and dance that will have them dancing in the streets!

Ballet

The perfect start for aspiring dancers! We'll begin with the basic ballet positions and practice the techniques of classical ballet.

With each class, students will learn more and more ballet vocabulary and gain a deeper appreciation for this art form by learning more about ballet moves, positions, poses. Striving for more self confidence with each lesson, our dancers will take their skills to the stage showing off their creativity.

A Note on What to wear: Leotards with tights or close fitting leggings and shirts are suggested for all dance classes. Children should have jazz oxfords or sneakers for acrobatics and hip hop, ballet slippers for ballet and must have tap shoes for tap. If you have any questions about where to buy dance clothing or shoes, please contact Ms. Kim.



Book to Art with Ms. K.

Connecting literacy with art, this class will begin with an engaging story, followed by a directed art project. Directed art means that students will follow directions while also having creative freedom for their project to be unique. In this class, we will travel to different cultures and even to outer space! Students will use a variety of mediums, techniques, and even learn about some chemical reactions. We will explore different artists such as Yayoi Kusama, Frida Kahlo, Andy Warhol, and Kandinsky.

Day/Time: Wednesday 3:00

Grades: PK, PKFA, K



This is Ms. K's first year teaching at Garden School. Prior to joining the Garden School, Ms. K taught Pre-K for 7 years in the Department of Education. Ms. K is a Garden School mom and lives in Jackson Heights.

Ms. Cheyenne's Chefs

Our very own Ms. Cheyenne is bringing her skills in the kitchen to after school. In this class, students will learn basic cooking/creating skills while "cooking" up their own, individually made projects. Math, science and art will be a part of each lesson but what they'll come away with a yummy treat that was so fun to make.

Ms. Cheyenne is a graduate of Garden School, an assistant teacher in the PKFA program, and one of our favorite after school teachers. Her cake pops, cookies and other treats are well known to the Garden School family!



Day/Time: Monday 3:00

Grades: 3K, PKFA

Day/Time: Tuesday 3:00

Grades: Core Pk/K

*** Please note we must be made aware of any allergies. Children will not be working with anything hot.**

Bangla with Ms. Khalid

I think it would be useful for students to learn Bangla especially in the Jackson Heights community, due to the large Bengali population here. Students will learn about the Bangla alphabet and number scale, basic conversational skills, early literature and poetry, and beginner vocabulary. This would serve as an enhancement for Bengali students and also serve an opportunity for other students to learn more about a new culture and language.

Ms. Khalid has her bachelor's in education and master's in history in Bangla medium, and I taught in Bangla elementary schools initially. I feel that my experience makes me well-suited to instruct a course like this and am excited to teach students of all ages.



Day/Time: Wednesday 3:00

Grades: PK, PKFA, K

Mandarin

This Mandarin program is for Pre-K and Kindergarten aged students. It is carefully designed to complement and reinforce regular school education by offering a range of fun, creative, and educational courses that build important academic and life skills, all in a fun lively Chinese environment.

Day/Time: Friday 3:00

Grades: PKFA, Core PK4, K



Engineering

What does the future look like? In this course, inspiring engineers will learn about the past engineering designs and build the future. Join us as we explore basic engineering principles and concepts. Our journey will take us to different fields of engineering, such as aerospace, chemical, civil, electrical, marine, and mechanical engineering. We look for innovative ways to create new forms of transportation, machines and structures. Inspiring our future engineers to the science behind the engineering marvels of the world. Students will be able to take home any projects they make during each class.

Day/Time: Thursday 4:00

Grades: 1st-3rd



Pokémon Trading Card Game

Calling all traders! Learn to play the Pokémon Trading Card Game. This is a tactical trading card game. Students will take on calculating reasoning and problem-solving challenges and engage in friendly competition to “Be The Very Best.” The goal is to provide a social club with enthusiastic traders practicing and sharing knowledge with a feeling of non competitive camaraderie, encouraging cooperation, decision making, and sportsmanship. Traders can bring their own Pokémon cards but no trading allow.



Day/Time: 3:00

Grades: 4th-6th

Chess

There is a significant body of research that shows the effect of chess on brain development. Students can apply chess to problem-solving skills.

In addition, chess is an academic performance booster as well as a universal “language” for people from different backgrounds – it is a perfect After-School pursuit for Garden School students! All level students are welcome.

The students will learn about the chessboard, pieces, basic rules, special moves, introduction to tactics, strategy, & notation. The teaching method involves a hands-on approach in which the children learn by playing games, and solving chess puzzles. The children will be exposed to pattern recognition and spatial problem solving that help develop abstract thinking. This class will be both very entertaining and educational for the children, and will help nurture good sportsmanship and social skills.

Chess Level: Level 3 & 4 Intermediate & Advanced



This course is designed for intermediate and advanced chess players who are already familiar with the fundamentals of chess.

The students will learn about tactics, openings principles, mid-game and end game strategy, introduction to chess tournament play, rules related to advanced play.

The teaching method involves a hands-on approach in which the students learn by playing games, and solving advanced chess puzzles. The students will be exposed to the tournament play experience necessary to engage in competitions.

This class is both entertaining and educational for the students, and helps nurture good sportsmanship, social skills, critical and strategic thinking, and helps students gain insight into the nature of competition through the analysis of one’s games.

Day/Time: Thursday 3:00-4:00

Level: Beginner/Intermediate

My First Piggy Bank

Day/Time: Monday 3:00-4:00

Grades: K-2nd

Earn, save, spend, donate! Let's learn about money! This innovative program provides a solid foundation on financial literacy for kids in a fun setting. Games and hands-on activities help students internalize key concepts (like money, budgeting and saving) in an engaging and supportive environment fostering teamwork. Students use their arts & crafts skills to make their own piggy bank!



Day/Time: Monday 3:00

Grades: K-2

Budding Entrepreneurs

Day/Time: Wednesday 3:00

Grades: 3rd-5th

If you love Shark Tank, this empowering program is for you! Join other intrepid students and develop a business plan for your own business idea. You will learn to take risks and persevere, while making business-like decisions about strategy, marketing and finance (optional activities include building a website and designing business cards). Students build confidence" learning by doing" and make their pitch presentations on the last day!

Day/Time: Wednesday 3:00

Grades: 3-6



Instructor:
**Instructor from SPARK
Business Academy**

Jump Bunch

Preschoolers need lots of physical activity. JumpBunch provides great exercise, but in a structured format that introduces a wide variety of sports, builds coordination, balance, and confidence. It's amazing how this early exposure makes kids more willing to give new sports a try as they get older. Try a different sport every week! Tips on encouraging healthy nutrition are woven into each class in a fun way! Kids get moving, learn and have fun!



Day/Time: Thursday 3:00-4:00
Grades: PKFA, Core PK, K

Yoga

This is a Yoga class that is fun, safe, and engaging for kids of all ages who are experiencing Yoga for the first time. Throughout the course, children will enjoy learning the following:

- child-friendly yoga poses
- partner poses
- group poses
- games
- breathing exercises
- relaxation
- visualization techniques
- strengthening poses



The class will show them creative ways to help build confidence, trust, teamwork, focus, concentration, and will impart a sense of calm to get children to relax and develop self control.

Day/time: TBD
Grades: 1st-3rd

Magic Workshop w/ Jeremy the Magician

Special 10 week class!

At each magic trick workshop session, you will learn the secrets to, and get to keep, a number of fun and exciting magic tricks, and you will develop the skill and confidence to begin performing magic whenever you want and wherever you are.

In addition to learning the secrets of magic, you will:

- Learn how to be an entertaining performer.
- Be introduced to the discipline, commitment, and delight of performing magic.
- Master the knowledge and skill of sleight of hand.
- Have something to bring home, practice with, and perform for friends and family.

Day/time: Friday 3:00

Grades: 1st-3rd

Day/time: Friday 4:00

Grades: 4th-6th



Jeremy has been interested in the art of magic since he was 8 years old. Since then he has honed his craft, and has amazed audiences young and old with his expert sleight of hand and conjuring skills.

Jeremy has performed walkaround close-up strolling magic at numerous Times Square venues, including many private functions, parties and affairs. Jeremy was recently the head of the kid's magic program on Norwegian Cruise Line's Spirit ship, performing classes and shows aboard the ship. Jeremy currently works for the weekly Off-Broadway magic show Monday Night Magic. He is a member of the International Brotherhood of Magicians, and he teaches instructional magic workshops all over New York.



Fashion Design

In this inspiring fashion art class with NYC's #1-rated art studio, students express their creativity through fashion and art while they create fashion-inspired art, colorful accessories, fashion-influenced artful masterpieces, fashion drawings, and their own inspired designs. Aspiring fashionistas will learn about fashion illustration, color use, pattern creation, personal style, texture combinations, glamorous embellishments, and more!

Classes are taught by teachers from the Art Studio NY

Additionally, students will learn and incorporate ideas inspired by famous artists, such as Monet, Matisse, and Klimt and other favorite artists. Through individualized instruction, children create mixed-media fashion portraits with photo transfers, watercolor fashion illustrations, and more. No sewing experience necessary, sewing machines will not be used. Each child's unique creative spark is expressed through each piece they design! The students will work towards a final fashion portfolio show at the end of the semester that will leave them feeling like real fashion designers!

Day/time: Tuesday 3:00

Grades: 1st-3rd

Day/time: Tuesday 4:00

Grades: 4th-6th



Garden School Music Conservatory

The Music Conservatory is an ideal way for your child to discover an instrument of choice that suits his or her own unique talents. Professional musicians provide individual instruction for students in Garden School's upper and lower divisions.

- **\$725 (30 Minutes)**
- **\$1025 (45 Minutes)**
- **\$1350 (60 Minutes)**



Each lesson involves music technique, sheet music reading, and learning and practicing songs. At-home practice is necessary.

Please note that it is the responsibility of each student to attend his or her scheduled lesson. Missed lessons cannot be made up. In the event of a teacher's absence, parents and students will be notified immediately and an experienced substitute will fill in for the lesson. Any class that cannot be scheduled in this way will be added to the end of the lesson period.

*** There are still a limited number of time slots available. Please contact Ms. Kim for details.**

After-School Programs AT-A-GLANCE

Monday

3:00-4:00	Acro/Hip Hop combo (Core PK/K)
3:00-4:00	Ms. Cheyenne's Chefs (3K, PKFA)
3:00-4:00	My First Piggy Bank (K-2)
4:00-5:00	Acro/Hip Hop combo (4th-6th)

Tuesday

3:00-4:00	Ballet (Core PK, K, PKFA)
3:00-4:00	Ms. Cheyenne's Chefs (PK, K)
3:00-4:00	Fashion Design (1st-3rd)
4:00-5:00	Contemporary (1st-3rd)
4:00-5:00	Fashion Design (4th-6th)

Wednesday

3:00-4:00	Book to Art (PKFA, Core PK, K)
3:00-4:00	Bangla (3K, PKFA, Core PK, K)
3:00-4:00	Budding Entrepreneurs (4th-6th)
3:00-4:00	Acro/Hip Hop (1st-3rd)
4:00-5:00	Tap (3rd-6th)

Thursday

3:00-4:00	Chess (1st-3rd)
3:00-4:00	JumpBunch (PKFA, Core PK, K)
3:00-4:00	Pokemon Trading Class (4th-6th)
4:00-5:00	Contemporary (4th-6th)
4:00-5:00	Engineering (1st-3rd)

Friday

3:00-4:00	Mandarin (Core PK4, K and PKFA)
3:00-4:00	Magic (1st-3rd)
3:00-4:00	Tap (K-2nd)
4:00-5:00	Magic (4th-6th)

* Will announce the day and time for Yoga shortly.



AFTERNOONS AT GARDEN SCHOOL REGISTRATION FORM

Please complete this form with your choices for your child(ren). Return completed form(s) and payment (cash or check payable to Garden School) to the main office or by mail. Credit card payments can be processed in person or by phone: 718-335-6363.

Student Information:

Name(s)/Grade(s): _____

Name(s)/Grade(s): _____

Address: _____

City/State/Zip: _____

Phone number: _____

E-mail of parent/guardian: _____

Emergency contact/phone: _____

Parent/Guardian's signature: _____

Selections

I wish to enroll my child(ren) in the AFTER-SCHOOL PROGRAM for the hours of _____ at the yearly/per-family rate of \$____.

Foundations & Music Conservatory

Foundations Courses: \$450 the first course and \$420 for each additional course. If enrolled full-time in the After-School Program, \$420 for the first course and \$390 for each additional course.

Student(s) Information

Name(s)/Grade(s): _____

Name(s)/Grade(s): _____

Phone number: _____

E-mail of parent/guardian: _____

Emergency contact/phone: _____

I wish to enroll my child(ren) in the following
FOUNDATIONS COURSES:

COURSE: _____

DAY/TIME: _____ FEE: _____

COURSE: _____

DAY/TIME: _____ FEE: _____

COURSE: _____

DAY/TIME: _____ FEE: _____

**Classes begin
Monday
January 23, 2023.
Sign up today!**



All After-School programs are supervised by our After School Coordinator
Ms. Kim Hayes
(khayes@gardenschool.org)

Garden School

33-16 79th Street
Jackson Heights, NY 11372

Phone: (718) 335-6363

Fax: (718) 565-1169

E-mail:
info@gardenschool.org